

ILLINOIS OSTEOPATHIC  
MEDICAL SOCIETY

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**VIRTUAL WINTER SCIENTIFIC SEMINAR**

December 3-6, 2020

Website: [www.ioms.org](http://www.ioms.org)

Email: [ioms@ioms.org](mailto:ioms@ioms.org)



# IOMS 2020 Virtual Winter Scientific Seminar

## Program

### Program Learning Objectives

At the completion of the program, attendees will be able to:

1. Improve their diagnostic skills.
2. Explain and implement current treatment guidelines and protocols.
3. Evaluate pharmacodynamics of patient management.
4. Modify current behavior of patients to improve health and wellness.
5. Identify practice changes that will improve outcomes.

In addition, specific learning objectives are developed for each presentation and will be provided on the virtual conference platform.

### IOMS Education Planning Committee

Kimberly Huntington-Alfano, DO, Chair  
Ralph Naftaly, DO  
Teresa A. Hubka, DO  
Sarah Siddiqui, DO

Naresh Chandan, DO, MS, FACOI, FACP  
Michael Chipman, DO  
Yixin John Xu, OMS  
Nguyen Nguyen, DO

### Credit Designation

Illinois Osteopathic Medical Society (IOMS) is accredited by the American Osteopathic Association to provide continuing medical education for physicians. IOMS designates this program for a maximum of 21 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

### Credit Designation

The maximum CME credits by day are:

Thursday, December 3: **6.75 credits**  
Friday, December 4: **6 credits**  
Saturday, December 5: **3.25 credits**  
Sunday December 6: **5 credits**

# IOMS 2020 Virtual Winter Scientific Seminar

## Schedule

Please note: All times listed are Central Time zone. Program details are subject to change without notice.

### Thursday, December 3

		CME Credits
12:00 pm - 12:15 pm	<b>Welcome and Conference Education Overview</b> Speaker: Kimberly Huntington-Alfano, DO	0
12:15 pm - 1:15 pm	<b>Deprescribing in Dementia Patients</b> Speaker: William Rhoades, DO	1
1:15 pm - 3:15 pm	<b>Building Pathways in Pain Management: Advancing the Future of Chronic Pain Management</b> Speaker: Michael Kolinski, DO David Redding, DO	2
3:15 pm - 3:30 pm	<b>Break</b>	0
3:30 pm - 4:30 pm	<b>Keynote Address: Update on the Profession</b> Speaker: Thomas Ely, DO	1
4:30 pm - 5:00 pm	<b>Break</b>	0
5:00 pm - 5:45 pm	<b>Controversies in the Management of Macrosomia</b> Speaker: David W. Ouyang, MD	.75
	<b>On-Demand Sessions</b>	
	<b>Ophthalmic Manifestations of Systemic Disease</b> Speaker: Erwin Puente, MD, PhD	1
	<b>Exercise Prescriptions to Reduce Opioid Addiction</b> Speaker: Michael Ladewski, MD	1

### Friday, December 4

12:00 pm - 2:00 pm	<b>Social Determinants of Health</b> Speaker: Joel Jackson, DO	2
2:00 pm - 2:30 pm	<b>Break</b>	0
2:30 pm - 3:30 pm	<b>IOMS Annual General Membership Meeting</b>	0
3:30 pm - 4:30 pm	<b>Break</b>	0

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### Friday, December 4, Cont...

#### CME Credits

4:30 pm - 5:30 pm	<b>Sleep Medicine</b> Speaker: Omar Hussein, DO	1
5:30 pm - 6:30 pm	<b>Vaping - What You and Your Patients Need to Know</b> Speaker: James Mackenzie, DO	1
	<b>On-Demand Sessions</b>	
	<b>Chest Pain in Children</b> Speaker: Robyn Nguyen-Puente, MD	1
	<b>Pediatric Respiratory Topics</b> Speaker: Shaista Shaik, DO	1

### Saturday, December 5

8:00 am - 9:00 am	<b>Exercise Prescriptions for Chronic Diseases</b> Speaker: Kurt Heinking, DO, FAAO	1
9:00 am - 9:45 am	<b>Poster Contest - Top Three Winners' Presentations</b> Introduction and announcement by Hilal Arnouk, DO <i>Winners to be announced during the session</i>	.75
9:45 am - 10:00 am	<b>Break</b>	0
10:00 am - 11:30 am	<b>Sports Medicine</b> Speaker: Aaron Lee, MD	1.5
11:30 am - 12:30 pm	<b>Break</b>	0
12:30 pm - 1:30 pm	<b>Student Session</b> Speakers: April Brill, DO Teresa Hubka, DO Melanie Jessen, MD	0

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### Sunday, December 6

### CME Credits

8:00 am - 9:30 am	<b>LGBTQ Inclusivity and Cultural Sensitivity</b> Speaker: Alyssa Vest Hart, DO	1.5
9:30 am - 10:45 am	<b>Clinical Pearls of Inflammatory Bowel Disease</b> Speaker: Nikhil Bhargava, DO, AGAF, FACG, FASGE	1
10:30 am - 11:30 am	<b>Break</b>	0
11:30 am - 1:00 pm	<b>Teaching and Evaluating Professionalism</b> Speaker: Franklin Medio, PhD	1.5
1:00 pm - 2:00 pm	<b>Microscopic Hematuria: Evaluation and Management in the Primary Care Setting</b> Speakers: Steven Hurley, DO	1

### Acknowledgements

IOMS Continuing Medical Education program planning ensures balance, independence, objectivity, and scientific rigor in their educational programs. Individual activities are developed independently of educational grant support. In accordance with the standards of the AOA Bureau of Osteopathic Education, any commercial supporters of this meeting have had no influence over topics or speakers.

The session “Building Pathways in Pain Management: Advancing the future of Chronic Pain Management” is supported by an independent educational grant from Pfizer/Lilly.