

# THU

- 8:00 am **REGISTRATION OPENS**
- 8:30 am **BREAKFAST SERVED**
- 9:00 am **Welcome & Conference Overview**  
*Ralph Naftaly, DO – 2018 Program Chair*

## An INTERPROFESSIONAL APPROACH to WOMEN'S HEALTH

- 9:15 am **Medical Management of Peri/Menopause: What's New in the Medicine Cabinet?**  
*Kathleen M. Vest, PharmD, CDE, BCACP*  
*Brooke L. Griffin, PharmD, BCACP*
- 10:15 am **Behavioral Health: Getting Your Patient through Menopause**  
*Ann Sauer, PhD, MA, ABPP*
- 11:15 am **Incontinence: Prescribing Physical Therapy for the Pelvic Floor**  
*Teri Elliott-Burke, PT, MHS, WCS, PRPC, BCB-PMD*

12:15 pm **BUFFET LUNCH SERVED**

## KEYNOTE

- 12:30 pm **KEYNOTE: The Future of Osteopathic Medicine: Structure and Function**  
*Karen J. Nichols, DO, MA, MACOI, CS*

## UPDATES on DIABETES

- 1:30 pm **Updates on Diabetes**  
*Sarah Siddiqui, DO*
- 2:30 pm **Diabetic Eye Disease**  
*Caryn LaBuda, OD, MBA, FAAO, NBEO, ABCMO*
- 3:30 pm **BREAK**
- 3:45 pm **Diabetic Foot Disease**  
*Dean Stern, DPM*
- 4:45 pm **Diabetes and Oral Health**  
*Preetha Panose Kanjirath, BDS, MDS, MS, FICD, FPFA*
- 5:45 pm **WELCOME RECEPTION**  
*hosted by the Illinois Osteopathic PAC*
- 6:45 pm **IOMS Board Meeting (Board members only)**

# FRI

6:30 am **REGISTRATION OPEN**  
**EXHIBIT HALL OPEN**  
**BREAKFAST SERVED**

## CLINICAL UPDATES

- 7:00 am **Overdose! How to Handle?!**  
*Perry Marshall, DO*

- 8:00 am **Identifying and Addressing Pediatric Learning Disabilities**  
*Catherine Macyko, MD*
- 9:00 am **Updates on Chronic Kidney Disease Management for the Primary Care Physician**  
*Rizwan Moinuddin, DO*
- 10:00 am **EXHIBITOR BREAK**
- 10:30 am **BEER's Criteria/Prescribing in the Elderly**  
*Lisa Palmisano, PharmD, BCACP*
- 11:30 am **IOMS Annual General Membership Meeting**
- Noon pm **BUFFET LUNCH with Exhibitors**

## MANAGING PAIN

- 12:45 pm **CO\*RE REMS — Pain Management and Opioids: Balancing Risks and Benefits**  
*William Morrone, DO, MPH, FACOPF, DABAM, DAAPM*
- 2:45 pm **FINAL EXHIBITOR BREAK**
- 3:15 pm **Non-Opioid Treatment Options for Pain-OMT**  
*Michael Chipman, DO*

## 4:15 – 5:45 pm Three concurrent, rotating workshops

...offered 3x each in this 1.5-hour block

- Non-Opioid Treatment Options for Pain-OMT**  
*Michael Chipman, DO*
- Non-Opioid Treatment Options for Pain-Acupuncture**  
*Anthony W. DeLorenzo, DO, FACOI*
- Non-Opioid Treatment Options for Pain-Meditation**  
*Melanie Jessen, DO, FACOPF*

# SAT

6:30 am **REGISTRATION OPENS**  
**BREAKFAST SERVED**

## SOCIAL DETERMINANTS of HEALTH

- 7:00 am **What are Social Determinants of Health and Why Should I Care?**  
*Beth Longenecker, DO, FACOEP*
- 7:30 am **Patient Access to Care in Illinois**  
*Arvind K. Goyal, MD, MPH, MBA*
- 8:00 am **Past Presidents' Breakfast**
- 8:15 am **Overcoming Obstacles to Access for our Aging Community**  
*Sarah Brunner, LCSW – Moderator*  
*Neelum T. Aggarwal, MD; Don Bell; Beth Joosten, MSN*
- 9:00 am **Gun Violence: Impact and Intervention**  
*Andrew Dennis, DO, FACOS*
- 10:00 am **BREAK**

- 10:15 am **LGBTQ Issues: Impact on Access and Quality of Care**  
*Alyssa Vest Hart, DO*
- 11:15 am **Physician Advocacy: Impacting Policy at a State and Federal Level**  
*Raine Richards, JD*
- 11:45 am **ACOPF-IL Annual Membership Meeting Luncheon**  
*(or lunch on your own)*

## PREVENTION & WELLNESS

- 1–4 pm **Student Program**
- 1:00 pm **The MIND Diet for Brain Health**  
*Martha Clare Morris, ScD, MS*
- 2:00 pm **Exercise Good! Sloth Bad!**  
*Mark E. McKeigue, DO*
- 3:00 pm **CONCURRENT BREAK**
- 3:00 pm **High Yield Cancer Screening Guidelines**  
*Rebecca Eary, DO, MPH*
- 4:00 pm **A Multidisciplinary Approach to Prevention of Osteoporotic Fractures**  
*Kimberly Huntington-Alfano, DO, MBA, CS*

# SUN

6:30 am **REGISTRATION OPEN**  
**BREAKFAST SERVED**

## PRACTICE INSIGHTS THROUGHOUT YOUR CAREER

- 7:00 am **Interactive Session: "If Only I'd Known \_\_\_\_\_ Before I Finished my Residency!"**  
*Moderator: Ralph P. Naftaly, DO, MMI, CPC*
- 7:30 am **Win-Win: How to Negotiate a Physician Employment Contract—Insights Throughout My Career**  
*Judee Gallagher, JD*
- 9:00 am **PM&R: It's No Longer a Secret—The Field of Medicine that Looks at Functionality, Disability, and Quality of Life**  
*Prempreet Singh Bajaj, DO*
- 10:00 am **BREAK**
- 10:15 am **Our Hidden Epidemic – Recognizing and Responding to Physician Burnout and Suicide**  
*Robert G.G. Piccinini, DO, DFACN*
- 11:15 am **Moving into Non-Clinical Careers: Executives in Hospital Administration, Pharmaceutical Companies, Private Payers, Public Planners, and/or Medical Education**  
*Ralph P. Naftaly, DO, MMI, CPC (Insurance Industry)*  
*Laura M. Rosch, DO (SSA and Medical Education)*  
*Andrea S. Clem, DO, CS (AOBFP/NBOME)*
- 12:15 pm **CONFERENCE CONCLUDES**