

# Spring 2016 CME: REGISTRATION

RETURN COMPLETED FORM WITH PAYMENT TO:

**Illinois Osteopathic Medical Society**  
**142 East Ontario Street**  
**Chicago, Illinois 60611**

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AOA # .....

NAME .....

ADDRESS .....

CITY/STATE/ZIP .....

PHONE ..... FAX .....

EMAIL ADDRESS .....

SPECIAL ACCOMMODATIONS OR DIETARY REQUESTS .....

CATEGORY	EARLY BIRD	AFTER 4/11
IOMS Member or CCOM Alumni	<input type="checkbox"/> \$195	<input type="checkbox"/> \$225
ACOFPP IL members, or members of State Osteopathic Medical Societies outside Illinois	<input type="checkbox"/> \$195	<input type="checkbox"/> \$225
CCOM Retired Faculty	<input type="checkbox"/> \$145	<input type="checkbox"/> \$175
IOMS and CCOM Students/Residents	<input type="checkbox"/> \$0	<input type="checkbox"/> \$0
All Others	<input type="checkbox"/> \$295	<input type="checkbox"/> \$325
<b>Amount Due:</b>	<b>\$</b> .....	

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Full refund less \$50 processing fee for cancellations received before April 10<sup>th</sup>. No refunds for cancellations received after that date. Registrations can be transferred to another individual at no charge. All refund requests must be submitted in writing.

Illinois Osteopathic Medical Society  
 142 E. Ontario Street  
 Chicago, IL 60611

Join colleagues for a weekend of CME

Co-sponsored by the Illinois Osteopathic Medical Society and  
 Midwestern University Chicago College of Osteopathic Medicine

10<sup>th</sup> Annual Spring CME

# Treatment and Prevention of Workplace Accidents, Injuries, and Illnesses

May 13-14 FRI SAT 2016

Midwestern University Campus  
 555 31st Street, Downers Grove, IL 60515



CCOM and IOMS are accredited by the American Osteopathic Association to present continuing medical education programs for physicians. The Illinois Osteopathic Medical Society and Midwestern University Chicago College of Osteopathic Medicine will request that the AOA Council on Continuing Medical Education approve this program for 15 credits of AOA Category 1-A CME Credit. Approval is currently pending.



The Illinois Osteopathic Medical Society (IOMS) and Midwestern University Chicago College of Osteopathic Medicine (MWU CCOM) are pleased to bring you the 2016 Spring CME program. This program is designed to offer best practices to equip physicians to address work place related accident injuries and integrate injury prevention strategies, essential to accident reduction. Saturday morning offers a

hands-on workshop environment for clinical procedural skills, case scenarios utilizing virtual simulation medical education and Independent Medical Examination with standardized patients.

William J. Moran, DO, CS — *Program Chair*  
Chicago College of Osteopathic Medicine

### PROGRAM OBJECTIVES

This program will offer 15 hours of Category 1-A CME for osteopathic physicians through: interactive sessions; lectures; hands-on Simulation, Skill, and Osteopathic Manipulation Lab training. At the conclusion of this course, learners will:

1. Describe and integrate the independent medical examination
2. Discuss indication for and demonstrate selection of personal protective equipment (PPE) for prevention of potential respiratory hazard
3. Identify strategies for prevention and safety from violence in the healthcare workplace
4. List disciplines within interdisciplinary pain treatment programs
5. Understand current techniques for treatment of thermal injuries
6. Develop clinical skills to treat workplace accidents utilizing hands-on standardized patient and simulated experiences in small group interactions
7. Demonstrate ultrasound technique for vascular and intra-abdominal examinations
8. Identify issues of patient safety and error reduction during emergency response through case scenarios
9. Improve wound closure skill techniques through hands-on technical practice
10. Understand approaches to common emerging infectious diseases
11. Diagnose and treat ergonomic injuries/disorders associated with overuse of muscles, bad posture, and repeated tasks
12. Review and perform DOT truck driver physicals
13. Introduce ergonomic exercises to minimize injuries due to chronic physical and psychological stresses, while maximizing productivity and efficiency
14. Apply effective osteopathic techniques and improve confidence to treat work place accidents

## SCHEDULE AT-A-GLANCE (subject to change)

### FRIDAY

- 11:00 am **Box Lunch**
- 11:15 am **Welcome & Introduction**  
*Beth A. Longenecker, DO, CCOM Assoc. Dean Clinical Education*
- 11:30 am **Independent Medical Examination**  
*Andrew S. Zelby, MD, FAANS, Neurological Surgery and Spine Surgery, Assistant Professor of Neurology, Rush University*
- 12:30 pm **OSHA Respiratory Regulations**  
*Candra Jefferson, Compliance Assistance Specialist, Occupational Safety & Health Administration, Department of Labor*
- 1:30 pm **N-95 Equipment Fit (hands on)**
- 2:30 pm **BREAK**
- 2:45 pm **Violence Against Healthcare Workers**  
*Lieutenant David Bormann and Marion Heintz, Public Education, Downers Grove Police Department*
- 3:45 pm **Pain Management**  
*James Atchison, DO, Medical Director, Center for Pain Management, Rehabilitation Institute of Chicago*
- 4:45 pm **Thermal Accidents**  
*Stathis J. Poulakidas, MD, FACS, John H. Stroger, Jr. Hospital*
- 5:45 pm **NETWORKING RECEPTION**

### SATURDAY

- 7:30 am **CONTINENTAL BREAKFAST SERVED**
- Clinical Skills and Simulation Center**  
*Kelly Lempicki, PharmD, BCPS, Assistant Director MWU Clinical Skills Center*  
Rotate through skills stations...
- 8:00 am **1. Standardized Patient—Independent Medical Examinations**  
**2. I-Stan High Fidelity Simulator Patient**
- 10:00 am **BREAK**
- 10:15 am **3. Vascular and Intra-abdominal Ultrasound Technique**  
**4. Wound Closure Clinic**
- 12:15 pm **BUFFET LUNCHEON LECTURE: Contagious Illnesses**  
*Mia Taormina, DO, FACOI, Adjunct Faculty Midwestern University*
- 1:30 pm **Desk Injuries: Ergonomics**  
*Daniel Davison, DO, Clinical Adjunct Professor Family Medicine and Osteopathic Medicine, Medical Director, Occupational Health Services, MacNeal Hospital, and*  
*Judy Burton Hess, PT, DHS, OCS, CertDN*
- 2:30 pm **BREAK**
- 2:45 pm **Department of Transportation Physicals**  
*Daniel Davison, DO*
- 3:45 pm **Exercises at Your Desk**  
*Janey Prodoehl, PT, PhD, Associate Professor, Physical Therapy Programs, and*  
*Tom Dillon, PT, DPT, Clinical Instructor, Physical Therapy Institute*
- 4:45 pm **OMM and Practicum for Common Work Place Accidents**  
*Kurt Heinking, DO, FAAO, Chair Osteopathic Medicine, MWU-CCOM*  
*Mark E. McKeigue, DO, Clinical Professor*
- 5:30 pm **CONFERENCE ADJOURNS**



### ABOUT IOMS

The Illinois Osteopathic Medical Society is the professional association for osteopathic physicians practicing in Illinois. Our members represent osteopathic medical practices and specialists working in a variety of health settings across the state. IOMS works to protect, advocate, maintain, and support the philosophy of osteopathic medicine for the benefit of our members and their patients.

### ABOUT CCOM

Building on a century of compassionate medical education, Midwestern University's Chicago College of Osteopathic Medicine (CCOM) has been educating osteopathic physicians and surgeons since 1900. Our more than 6,000 graduates serve in hospitals, medical schools, private practices, and government facilities across the country. And we continue to provide almost 13 percent of osteopathic physicians and surgeons practicing in the United States today.

The AOA Board of Trustees has granted all AOA members a 5-month grace period to earn credits and apply them to the 2013-2015 CME cycle. If you wish to have credits earned at this conference applied to the 2013-2015 cycle instead of to the 2016-2018 cycle, please sign and submit the authorization form at <http://tinyurl.com/cme-release-form> along with your conference certificate of credits earned directly to the AOA.

Only credits earned by May 31, 2016 are eligible to be counted in the last cycle rather than the current cycle..