

The Illinois Osteopathic Medical Society presents
Winter Scientific Seminar 2018

Hot Topics in Medicine

Nov 29–Dec 2, 2018

Westin Hotel Yorktown Center, Lombard, IL



The **Illinois Osteopathic Medical Society** is the professional association for osteopathic physicians practicing in Illinois. Our members represent osteopathic medical practices and specialists working in a variety of health settings across the state. IOMS works to protect, advocate, maintain, and support the philosophy of osteopathic medicine for the benefit of our members and their patients.

The Illinois Osteopathic Medical Society (IOMS) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education programs for physicians. IOMS designates this program for a maximum of 30 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

REGISTRATION

IOMS 2018 Annual Meeting & Winter Scientific Seminar

Please return this completed Registration Form to: **IOMS, 142 E. Ontario St., Chicago, IL 60611**

Or fax it to: **312-202-8206**

Or email: **ioms@ioms.org**

Name Degree

Email

Address

City/State/Zip

Specialty

Phone Which medical school did/do you attend?

	Full Conference <i>(includes one reception ticket)</i>	Thursday	Friday	Saturday	Sunday	SUBTOTAL
IOMS Members	<input type="checkbox"/> \$550	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$240	<input type="checkbox"/> \$150	
Retired Members	<input type="checkbox"/> \$325	<input type="checkbox"/> \$120	<input type="checkbox"/> \$120	<input type="checkbox"/> \$140	<input type="checkbox"/> \$90	
Students/Residents	<input type="checkbox"/> \$0	<input type="checkbox"/> \$0	<input type="checkbox"/> \$0	<input type="checkbox"/> \$0	<input type="checkbox"/> \$0	
Other State Society Members	<input type="checkbox"/> \$550	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$240	<input type="checkbox"/> \$150	
Non-Members <i>(through November 26, 2018)</i>	<input type="checkbox"/> \$920	<input type="checkbox"/> \$355	<input type="checkbox"/> \$355	<input type="checkbox"/> \$375	<input type="checkbox"/> \$235	

Student Program *(for students only)* I plan to attend on Saturday (1–4 pm)

Please check all meals you will attend:

Thursday breakfast
 Thursday lunch
 Thursday reception
 Friday breakfast
 Friday lunch
 Saturday breakfast
 Sunday breakfast

ACOF-IL Luncheon I will attend the ACOF-IL Lunch and Membership Meeting on Saturday

IOMS 2019 Membership Dues *(join or renew now to pay the member rate)*

Student: FREE
 Residents: \$25
 Retired: \$44
 1st Year*: \$50
 2nd Year*: \$145
 3rd Year*: \$245
 Associate: \$55
 Active/Professional: \$435

Special Needs

Dietary Restrictions
 Physical Accommodations

} If one of these boxes is checked, you will be contacted by an IOMS staff member.

Cancellations received in writing on or prior to November 16, 2018 will be refunded less a \$90 processing fee. No refunds after that date or for people who register but do not attend. By registering, you grant permission to have your photo included in future promotional materials.
 * Year refers to the number of years in practice.

TOTAL :

Check #
 Visa
 Mastercard
 AmEx
 Discover

Card Number Security Code Expiration

Name on Card

Signature

THU

8:00 am **REGISTRATION OPENS**

8:30 am **BREAKFAST SERVED**

9:00 am **Welcome & Conference Overview**
Ralph Naftaly, DO – 2018 Program Chair

AN INTERPROFESSIONAL APPROACH TO WOMEN'S HEALTH

9:15 am **Medical Management of Peri/Menopause: What's New in the Medicine Cabinet?**

*Kathleen M. Vest, PharmD, CDE, BCACP
Brooke L. Griffin, PharmD, BCACP*

10:15 am **Behavioral Health: Getting Your Patient through Menopause**

Ann Sauer, PhD, MA, ABPP

11:15 am **Incontinence: Prescribing Physical Therapy for the Pelvic Floor**

Terri Elliott-Burke, PT, MHS, WCS, PRPC, BCB-PMD

12:15 pm **BUFFET LUNCH SERVED**

KEYNOTE

12:30 pm **KEYNOTE: The Future of Osteopathic Medicine: Structure and Function**

Karen J. Nichols, DO, MA, MACOI, CS

UPDATES on DIABETES

1:30 pm **Updates on Diabetes**
Sarah Siddiqui, DO

2:30 pm **Diabetic Eye Disease**
Caryn LaBuda, OD, MBA, FAAO, NBEO, ABCMO

3:30 pm **BREAK**

3:45 pm **Diabetic Foot Disease**
Dean Stern, DPM

4:45 pm **Diabetes and Oral Health**
Preetha Panose Kanjirath, BDS, MDS, MS, FICD, FFPA

5:45 pm **WELCOME RECEPTION**
hosted by the Illinois Osteopathic PAC

6:45 pm **IOMS Board Meeting** *(board members only)*

FRI

6:30 am **REGISTRATION OPEN
EXHIBIT HALL OPEN
BREAKFAST SERVED**

CLINICAL UPDATES

7:00 am **Overdose! How to Handle?!**
Perry Marshall, DO

8:00 am **Identifying and Addressing Pediatric Learning Disabilities**

Catherine Macyko, MD

9:00 am **Updates on Chronic Kidney Disease Management for the Primary Care Physician**

Rizwan Moinuddin, DO

10:00 am **EXHIBITOR BREAK**

10:30 am **BEER'S Criteria/Prescribing in the Elderly**

Lisa Palmisano, PharmD, BCACP

11:30 am **IOMS Annual General Membership Meeting**

BUFFET LUNCH *with Exhibitors*

MANAGING PAIN

12:45 pm **CO*RE REMS — Pain Management and Opioids: Balancing Risks and Benefits**

William Morrone, DO, MPH, FACOFP, DABAM, DAAPM

2:45 pm **FINAL EXHIBITOR BREAK**

3:15 pm **Non-Opioid Treatment Options for Pain—OMT**

Michael Chipman, DO

4:15 – 5:45 pm **Three concurrent, rotating workshops**

...offered 3x each in this 1.5-hour block

Non-Opioid Treatment Options for Pain—OMT

Michael Chipman, DO

Non-Opioid Treatment Options for Pain—Acupuncture

Anthony W. Delorenzo, DO, FACOI

Non-Opioid Treatment Options for Pain—Meditation

Melanie Jessen, DO, FACOFP

SAT

6:30 am **REGISTRATION OPENS
BREAKFAST SERVED**

SOCIAL DETERMINANTS of HEALTH

7:00 am **What are Social Determinants of Health and Why Should I Care?**

Beth Longenecker, DO, FACOEP

7:30 am **Patient Access to Care in Illinois**

Arvind K. Goyal, MD, MPH, MBA

8:00 am **Past Presidents' Breakfast**

8:15 am **Overcoming Obstacles to Access for our Aging Community**

Sarah Brunner, LCSW – Moderator

Neelum T. Aggarwal, MD; Don Bell; Beth Joosten, MSN

9:00 am **Gun Violence: Impact and Intervention**

Andrew Dennis, DO, FACOS

10:00 am **BREAK**

10:15 am **LGBTQ Issues: Impact on Access and Quality of Care**

Alyssa Vest Hart, DO

11:15 am **Physician Advocacy: Impacting Policy at a State and Federal Level**

Raine Richards, JD

11:45 am **ACOFP-IL Annual Membership Meeting Luncheon**

(or lunch on your own)

PREVENTION & WELLNESS

1–4 pm **Student Program**

1:00 pm **The MIND Diet for Brain Health**

Martha Clare Morris, ScD, MS

2:00 pm **Exercise Good! Sloth Bad!**

Mark E. McKeigue, DO

3:00 pm **CONCURRENT BREAK**

3:00 pm **High Yield Cancer Screening Guidelines**

Rebecca Eary, DO, MPH

4:00 pm **A Multidisciplinary Approach to Prevention of Osteoporotic Fractures**

Kimberly Huntington-Allfano, DO, MBA, CS

SUN

6:30 am **REGISTRATION OPEN
BREAKFAST SERVED**

PRACTICE INSIGHTS THROUGHOUT YOUR CAREER

7:00 am **Interactive Session: "If Only I'd Known _____ Before I Finished my Residency."**

Moderator: Ralph P. Naftaly, DO, MMI, CPC

7:30 am **Win-Win: How to Negotiate a Physician Employment Contract—Insights Throughout My Career**

Judee Gallagher, JD

9:00 am **PM&R: It's No Longer a Secret—The Field of Medicine that Looks at Functionality, Disability, and Quality of Life**

Prempreet Singh Bajaj, DO

BREAK

10:00 am **Our Hidden Epidemic – Recognizing and Responding to Physician Burnout and Suicide**

Robert G.G. Piccinini, DO, DFACN

11:15 am **Moving into Non-Clinical Careers: Executives in Hospital Administration, Pharmaceutical Companies, Private Payers, Public Planners, and/or Medical Education**

Ralph P. Naftaly, DO, MMI, CPC (Insurance Industry)

Laura M. Rosch, DO (SSA and Medical Education)

Andrea S. Clem, DO, CS (AOBFP/NBOME)

12:15 pm **CONFERENCE CONCLUDES**

2018 Education Planning Committee

Kim Huntington-Alfano, DO - **Committee Chair**

Michael Chipman, DO

Mary DeMent, OMS-3

Asma Hashim, OMS-3

Teresa Hubka, DO

Melanie Jessen, DO

Kuljit Kapur, DO

Beth Longenecker, DO

Ralph Naftaly, DO

Shruti Patel, OMS-3

Madyson Riddell, OMS-2

Danielle Saenz, DO

Toan Tran, OMS-1

Alan Wan, DO

Credit Breakdown by Day

Select the day(s) you want to attend on your registration form.

Thursday	8.0
Friday	8.5
Saturday	8.5
Sunday	5.0

About the Hotel — The Westin Hotel is located near the Yorktown Center, one of DuPage County's premier destinations for retail, dining and entertainment. The hotel is just 20 miles west of Chicago's Loop and is easily accessible from Chicago's two major airports or by car at the crossroads of I-88 and I-355. For additional information about the area, visit www.discoverdupage.com.

A special discount rate of \$129 single or double occupancy (plus applicable taxes) is available for IOMS attendees. To make reservations, call 888-627-9031. Tell the reservation agent you are attending the IOMS conference or visit starwoodmeeting.com to book your reservation online. *Reservations must be made by 3 pm on November 7, 2018 to receive the group discount rate.* Contact the hotel at (630) 719-8000 for information on airport shuttle service.

