

**2019 “Hot Topics in Medicine” CME  
Program-at-a-Glance**

*All events in Lilac Room unless otherwise noted*

**Thursday, December 5, 2019 – 8 credit hours available**

8:00 am – 5:00 pm

*Registration Open – Lilac Foyer*

8:30 – 9:30 am

*Continental Breakfast – Lilac Foyer*

**Welcome**

9:00 – 9:15am

*Welcome and Conference Overview from Program Chair –  
Ralph P. Naftaly, DO, MMI, CPC*

**9:15 am – 1:30 pm**

**Moderator: Kim Huntington-Alfano, DO, MBA, CS**

9:15 – 10:15 am

Men's Health: Living Your Best Midlife Part 1. An Orthopedic Physical Therapy Perspective – Thomas J. Dillon, PT, DPT, OCS

10:15 – 11:15 am

Men's Health: Living Your Best Midlife Part 2.

Mental Health – Ann Sauer, PhD, MA, ABPP

11:15 am – 12:15 pm

Men's Health: Living Your Best Midlife Part 3.

Benign Prostatic Hyperplasia (BPH) – Jaini Patel, PharmD, BCACP

**Keynote Luncheon Address**

12:15 – 12:30 pm

*Buffet Lunch – Served in Lilac Foyer*

12:30 – 1:30 pm

Keynote Presentation: The Future of the Osteopathic Profession and the American Osteopathic Association – Kevin Klauer, DO, EJD, FACOEP, FACEP, CEO of the American Osteopathic Association

**1:30 – 5:45 pm**

**Moderator: Naresh Chandan, DO, MS, FACOI, FACP**

1:30 – 2:30 pm

Vaccines and the Reemergence of Vaccine-preventable Diseases – Michelle Swanson-Mungerson, PhD

2:30 – 3:30 pm

What's New in Hepatitis C Management? – Nikhil Bhargava, DO, AGAF, FACG, FASGE

3:30 – 3:45 pm

*Break – Lilac Foyer*

3:45 – 4:45 pm

Abnormal Thyroid Function Tests – Sana Meah, DO

4:45 – 5:45 pm

The Obesity Epidemic – Iffat S. Ahmed, DO

5:45 – 6:45 pm

*IO-PAC Reception, Hosted by the Illinois Osteopathic PAC; Guest Speaker:  
AOA President Ronald Burns, DO, FACOFP – Location Pending*

7:00 – 9:00 pm

*IOMS Board Dinner Meeting – Cypress A*



**Friday, December 6, 2019 – 8.5 credit hours available**

7:00 am – 5:30 pm	<i>Registration Open – Lilac Foyer</i>
7:00 – 8:00 am	<i>Continental Breakfast – Magnolia</i>
7:00 am – 4:00 pm	<i>Exhibit Hall Open – Magnolia</i>
<b>7:30 am – 6:15 pm</b>	<b>Moderator: Kimberly Huntington-Alfano, DO, MBA, CS</b>
7:30 – 8:30 am	LGBTQ Healthcare and Tackling Disparities – Alyssa Vest Hart, DO
8:30 – 9:30 am	Obstetrics: Evidence-based Changes Put into Practice – Alyssa Vest Hart, DO
9:30 – 10:00 am	<i>Exhibitor Break – Magnolia</i>
10:00 – 11:30 am	Negotiating World View Disparities – Joel Jackson
11:30 am – Noon	<i>IOMS Annual General Membership Meeting – Swearing-In of New Officers</i>
11:30 am – 12:45 pm	<i>Buffet Lunch with Exhibitors – Magnolia</i>
12:45 – 2:45 pm	Prescribing Opioids – J. Mark Bailey, DO, PhD, FACN
2:45 – 3:15 pm	<i>Final Exhibitor Break – Magnolia</i>
3:15 – 4:15 pm	Prescribing Creativity – So You Can Live with More Happiness, Ease, and Intuition – Lara Salyer, DO, IFMCP
4:15 – 5:15 pm	Opioid Epidemic: Review of Illinois State Laws – Brian Zachariah, MD, MBA
5:15 – 6:15 pm	Non-Opioid Treatment of Chronic Pain – George Charuk, DO, MBA

**Saturday, December 7, 2019 – 9 credit hours available**

6:30 am – 5:00 pm	<i>Registration Open – Lilac Foyer</i>
6:30 – 7:30 am	<i>Continental Breakfast – Lilac Foyer</i>
8:00 – 9:30 am	<i>IOMS Past President's Breakfast Meeting – Cypress A</i>
<b>7:00 am – Noon</b>	<b>Moderator: Michael Chipman, DO</b>
7:00 am – 8:00 am	Making Sense of Clinical Guidelines – Ralph Naftaly, DO, MMI, CPC
8:00 – 10:00 am	Osteopathic Considerations in Common Infections: Presentation and Workshop – Kurt Heinking, DO, FFAO
10:00 – 10:15 am	<i>Break – Lilac Foyer</i>
10:15 – 11:15 am	Sexually Transmitted Diseases – Vaibhav Tiwari, PhD
11:15 – 11:45 am	Top Ten Reasons to Send Patients to the Emergency Department – Michael Chipman, DO
11:45 am – 1:00 pm	<i>ACOF-IL Annual Membership Meeting Luncheon in Cypress A OR Lunch on Your Own</i>
1:00 – 3:00 pm	<i>Student Event – Jr. Ballroom C</i>



The Illinois Osteopathic Medical Society's **Annual Meeting & Winter Scientific Seminar**

<b>1:00 – 5:45 pm</b>	<b>Moderator: Sarah Siddiqui, DO</b>
1:00 – 2:00 pm	Musculoskeletal Injections in the Office Setting – Aaron Lee, DO
2:00 – 3:00 pm	Update on Tuberculosis: Active vs. Latent TB – Gotam “Tony” Varma, DO
3:00 pm	<i>POSTER JUDGING – Narash Chandan, DO, MS, FACOI, FACP – Magnolia</i>
3:00 – 3:15 pm	<i>Break – Lilac Foyer</i>
3:15 – 4:15 pm	Diagnostic Pearls in Rheumatology for the Primary Care Physician – Sana Gafoor-Haseeb, DO
4:15 – 5:15 pm	Office Follow-Up from the Emergency Physician – Gerald W. McClallen, DO, FACOEP, FACOPF
5:15 – 5:45 pm	Presentations by the Top 3 Resident Research Posters

**Sunday, December 8, 2019 – 4.5 credit hours available**

6:30 – Noon	<i>Registration Open – Lilac Foyer</i>
6:30 – 7:30 am	<i>Continental Breakfast - Lilac Foyer</i>
<b>7:30 am – 12:15 pm</b>	<b>Moderator: Ralph Naftaly, DO, MMI, CPC</b>
7:30 – 8:30 am	Preventing Sexual Harassment in Healthcare – Marian Sassetti, MD, FAAFP
8:30 – 10:00 am	Understanding Ethics in Clinical Medicine – John Kasimos, DO, MS, MSHCE, FAOCP, FCAP, FASCP
10:00 – 10:15 pm	<i>Break – Lilac Foyer</i>
10:15 – 11:15 am	Let’s DO Research: Review of Osteopathic Evidence-based Medicine – Kari Beth Watts, DO
11:15 am – 12:15 pm	Pesky Payors: What They are Doing and What You Can Do – Cindy Penkala, CMM, CMPE, CMSCS, Sr. Director, Practice Management and Education and Jen Hersh, RN, BSN, MPP, Director of Payment Advocacy; American Osteopathic Information Association
12:15 pm	<i>Conference Concludes</i>

**Please remember by Monday, December 16<sup>th</sup> to turn in your CME Attendance Attestation Forms with:**  
*Current email*  
*Filled out both sides*  
*Checked sessions attended*  
*Signature*